

# **VIRTUAL PARENT ENGAGEMENT** **WORKSHOP**

## **The Psychobiology of Fatigue: Supporting a Holistic Approach to Health**

Ridgewood K-12  
Tuesday, January 17, 2023 @ 7 pm

Join Zoom Meeting:

<https://tinyurl.com/47pbhcfp>

### **Presented By:**

Kathy Elleo, LCSW & Sarah Gregor, LCSW  
CarePlus NJ, Inc.  
School-Based Services  
In-District Clinicians

